



*Beauty
at its
Best*

*at
Crowne Plaza
Liverpool*

Opening Hours:

Monday: 10.00am-5.00pm
Tuesday: 10.00am-5.00pm
Wednesday: 10.00am-5.00pm
Thursday: 10.00am-8.00pm
Friday: 10.00am-8.00pm
Saturday: 10.00am-4.00pm
Sunday: 11.00am-4.00pm

**Late Night Opening
by appointment only**

Holistic Opening Hours

Monday: 4.00pm-9.00pm
Thursday: 4.00pm-9.00pm
Saturday: 9.00am-5.30pm

dermalogica®


CROWNE PLAZA
LIVERPOOL CITY CENTRE


HARBOUR CLUB
Liverpool



Dermalogica Facial Treatments

CONTOUR FACIAL

(60-70 mins) – £70.00

Suitable for mature, sensitised, prematurely ageing skin, in need of firming. Firms and contours the skin by reducing odema with cooling temperatures.

CHROMA WHITE

(60 mins) – £60.00

Voted the number one best skin brightening system at The UK Beauty Awards 2010.

Hyperpigmentation is the result of daylight exposure, endocrine (hormonal) factors and changes, usage of prescription drugs and wound healing when skin has been damaged. No matter how it is triggered, hyperpigmentation shows on the skin in the form of brown spots (also referred to as age spots) and cause an uneven, mottled skin tone. With a course of Chroma White Facials your skin will see a dramatic change in the matter of four weeks. Home care advice is essential to maintain the results.

ANTI-AGING FACIAL

(60 mins) – £50.00

As we get older we lose a lot of elasticity and collagen in our skin due to the wear and tear of our every day life. The Age Smart Range is customised to suit your skin type will help regain its youthful appearance and vitality.

NON-SURGICAL FACE LIFT

(60 mins) – £50.00

No need to go under the knife with this modern technique, the micro current face lift machine can show dramatic results, after just a couple of treatments. Basically what it does is lengthen the muscles that are too short, and shorten the muscles that are too long. It also improves the texture of your skin and evens out uneven pigmentation.

A course of 12 is recommended, and then one a month for maintenance.

Homecare advice must be carried out after treatments.

LUNCH TIME FACIAL

(40 mins) – £35.00

For those of you with only an hour for lunch and need of a little pampering, then this is the facial for you. The facial includes a double deep cleanse and exfoliation, a mini facial massage, and a customised masque and moisturiser to suit your skin type.

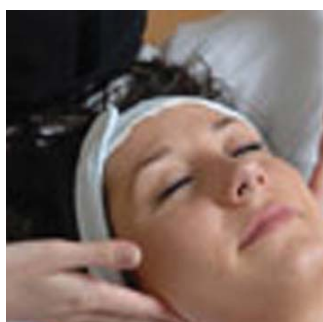
Guaranteed you leave the salon feeling refreshed and rejuvenated.



Dermalogica Facial Treatments (cont)

MICRO ZONE TREATMENTS

- **Flash Exfoliation:** (20 mins) – £25.00
Firm, resurface and brighten skin with this maximum strength exfoliation treatment. Hydroxy acids remove dulling surface debris to help reverse the signs of aging while a nourishing cocktail of vitamins, botanical extracts and conditioning agents help soothe and restore skin to optimal health.
- **Blackhead Relief:** (20 mins) – £25.00
This is great for clients looking to clear current breakouts and prevent future breakouts. Clear impactions before they manifest into breakouts with this super cleansing, purifying and clearing treatment. Eradicate congestion while focusing on a zone that needs to be cleared the most or all over for clear skin.
- **Eye Rescue:** (20 mins) – £25.00
Firm, tone and brighten tired eyes with our unique blend of peptides, firming proteins and therapeutic vitamins. Gentle exfoliation will remove dulling debris, while a calming masque will help soothe and revitalize irritated, tired eyes.
- **Rapid Spot Clearing:** (20 mins) – £25.00
Expedite zone-specific breakout clearing with extensive cleansing and ingredients to clear sebum and impactions. Also works out to help skin recover from inflamed lesions, while drying and clearing breakouts.
- **Lip Renewal:** (20 mins) – £25.00
Be remembered for full lips and a healthy smile with this smoothing, conditioning treatment for an area that's often ignored – **the lips!** Infused with hydration, lips will be full and plump as well as smoothed, conditioned and restored for a healthy looking smile.
- **Hand Repair:** (20 mins) – £25.00
The first place to show the signs of ageing are the hands, so now is the time to help them recover and help protect against future damage! This treatment includes maximum strength exfoliation, plus the deep moisturising of a soothing paraffin bath that leaves you with ultra-smooth hands.



Body Treatments

MINERAL SALT SCRUB

(40 mins) – £35.00

A dermalogica exfoliating thermal back therapy that removes dead skin cells whilst polishing the skin with critical hydration.

(Not suitable for sensitive or sensitized skin).

BODY EXFOLIATION THERAPY

(40 mins) – £35.00

Ideal for sensitive skin conditions also premature ageing skin. This treatment is customised to suit your skin type combines gentle exfoliation with conditioning essential oils for a soothing and smoothing treatment.

DEEP THERMAL THERAPY WITH THERMAL STAMP

(60 mins) – £60.00

Designed to treat both skin and body concerns, deep thermal therapy detoxifies, remineralises, distresses and provides relief from skin inflammation. The nature of the ingredients allows the heat of the thermal stamp to remain constant for a prolonged time.

BODY WRAP (NOURISHING SEA MUD THERAPY)

(40/50 mins) – £45.00

Enjoy this deep cleanse detoxifying treatment suitable for all skin conditions (except pregnant clients).

Stimulates circulation while smoothin skin with this body wrap therapy that promotes skin nourishment. Natural earth clays draw out impurities while ginger and white tea stimulates circulation and smooth skin.

Customised essential oils provide aromatherapeutic and skin benefits while caffeine provides all-over toning. Rest in a warming wrap that includes blood circulation all while encouraging absorption of nourishing botanicals.

BODY WRAP (POWER RECOVERY THERAPY)

(40/50 mins) – £45.00

This treatment is suitable for clients with drier or prematurely-ageing skin. An intense wrap therapy dedicated to feeding your skin with the nourishment it craves. A unique blend of wheat protein and honey act as maximum hydrators while Wasabi, ginger and white tea stimulate blood circulation to promote healthier skin. Customised essential oils blend in a massage medium offer aromatherapeutic benefits, while rich Kukui Nut, Olive and Grape Seed Oils smooth and proviide antioxidant protection.



Waxing

Eyebrow _____	£8.00
Lip _____	£8.00
Chin _____	£15.00
Lip and Chin _____	£15.00
Bikini Line _____	£15.00
Extended Bikini Line _____ from	£18.00
Brazilian _____	£24.00

Stomach _____	£12.00
Underarm _____	£13.00
Full Leg _____	£24.00
Half Leg _____	£16.00
Full Arm _____	£15.00
Facial Hair _____	£20.00

Eye Treatments

Eyelash Tint _____	£13.00
Eyebrow Tint _____	£9.00
Eyelash & Eyebrow Tint _____	£20.00
Eyebrow Shape & Tint _____	£15.00
Eyebrow Shape, Tint & Lash Tint _____	£25.00

Eyelash Perm _____	£25.00
Half Set of Eyelash Extensions _____	£12.00
Full Set of Eyelash Extensions _____	£20.00
Removal of Eyelash Extensions _____	£10.00

Nail Treatments

Acrylics Full Set _____	£35.00
Two Week Infill _____	£20.00
Three Week Infill _____	£23.00
Removal of Acrylic Nails _____	£20.00
Fibre Glass Nails _____	£40.00
Nail Wraps _____	£25.00
<i>(Added strength to nails)</i>	

Nail Repair per Nail _____	£3.50
Basic Manicure _____	£20.00
Deluxe Manicure _____	£25.00
Paraffin Wax Manicure _____	£30.00
<i>(Paraffin Wax Manicure is ideal for anyone with very dehydrated skin, also fantastic for anyone who suffers with arthritis)</i>	

Foot Treatments

Basic Pedicure _____	£25.00
Deluxe Pedicure _____	£30.00
Paraffin Wax Pedicure _____	£40.00

Toe Nail File & Polish _____	£12.00
(Extra French Polish) _____	£3.00
Removal of Hard Skin with the Blade _____	£8.00



Massage Treatments

Full Body Massage (50 mins)	£45.00
Back, Neck & Shoulder Massage (30 mins)	£35.00
Foot & Leg Massage (10 mins)	£10.00
Hand & Arm Massage (10 mins)	£10.00
Dermalogica Pressure Point Massage to help Relieve:	
● Sinus (15 mins)	£20.00
● Hay Fever (15 mins)	£20.00
● Asthma (15 mins)	£20.00
● Insomnia (15 mins)	£20.00
Indian Head Massage (20)	£25.00

Caflon Ear Piercing

(including aftercare solution) £25.00

Pearl White Teeth Whitening

**ONE VISIT ONLY FOR A FANTASTIC RESULT.
YOUR BRIGHTEST SMILE IN JUST ONE HOUR
ONLY £140.00**

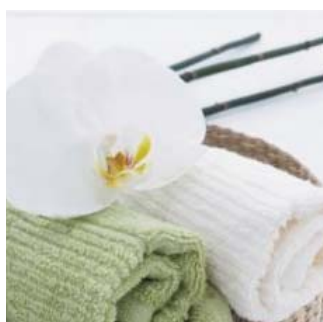
Body Tan

Have that beautiful all over golden body tan for that special occasion, or for the everyday glowing look and feeling good mood.

Here at the Crown Plaza our highly qualified staff apply your tan manually to give you a streak free tan.

Full Body	£40.00
Half Body	£25.00

**Hot stones and lose inches treatments coming shortly
– speak to Sharon**



Pamper Packages

Tailor made pamper packages to suit your individual requirements and budget.

Ideal for all occasions: Birthdays - Hen Parties - A gift for a loved one.



WEDDING PAMPERS AVAILABLE ON REQUEST

Food and drink can be arranged on request. Please ask for details.

TEENAGE PAMPERS

Food and drink can be arranged on request. Please ask for details.

Gift Vouchers Available - The Perfect Gift

FOR FURTHER INFORMATION SPEAK TO SHARON

*Beauty
at its
Best*

email:

beautyat-itsbest@live.co.uk
www.beautyat-itsbest.co.uk

Sharon

Mobile: 07812 180763

email:

harbour.reception@cpliverpool.com

Crowne Plaza, St Nicholas Place,
Princes Dock,
Pier Head, Liverpool L3 1QW

Tel: 0151 243 8243





HOLISTIC TREATMENTS

Full Body Aromatherapy Massage **60 mins** **£45.00**

Prescriptive/Swedish Full Body Massage **60 mins** **£40.00**

Back, Neck and Shoulder Massage **30 mins** **£35.00**

Hot Stone Massage **90 mins** **£60.00**

This unique therapy harnesses the properties of volcanic basalt stones which are warmed and gently applied to your body. The deep penetrating heat of the stones evokes a profound sense of peace; while massage soothes away stress and aching muscles.

Hot Stone Back, Neck and Shoulder **45 mins** **£35.00**

Indian Head Massage **45 mins** **£30.00**

Using centuries-old techniques, we can soothe away tension and leave you with a sense of energy, balance and peace.

Reiki **60 mins** **£30.00**

The age old natural system of hands on healing to help balance physical, emotional and mental levels.

Reflexology **60 mins** **£35.00**

Developed from the roots of oriental traditions this deeply effective technique focuses on acupressure points on the feet that connect to the internal organs of the body; rapidly imparting a tranquil and healing sense of being, particularly effective in the treatment of stress, high or low blood pressure, headaches, sinus problems, digestive disorders and hormone and reproductive imbalances.

Thermal Auricular Therapy (Hopi Ear Candles) **45 mins** **£30.00**

Derived from the Native American Hopi relaxation ceremony, the combination of candling and facial massage calms the mind and soothes the head and ears. This treatment induces a pleasant feeling of warmth and a balance of pressure in the ears, forehead and sinuses it is particularly helpful for the relief of sinus congestion, headache, earache, stress and nervousness.

Thai Foot Massage **60 mins** **£40.00**

A massage of the lower legs and feet that originated in Thailand about 2000 years ago, incorporating elements of Shiatsu, Reflexology, Chinese massage and Yoga. Still taught by Buddhist monks, this massage improves lymphatic drainage and circulation, improves flexibility and helps boost the immune system, whilst aiding restful sleep.

Well-Being Facial Massage **60 mins** **£35.00**

A deeply relaxing yet rejuvenating facial massage "used regularly" your skin becomes softer, complexion and skin tone will improve, and sagginess and puffiness are reduced and elasticity returns to your face. Headaches and other tension-related symptoms are also revived.